





SAVE TIME

Giving employees on-site lunch options can keep them productive for about 30 minutes longer every day - about 130 hours per year.

BOOST PRODUCTIVITY

Keeping people on-site boosts workplace engagement, which helps your employees to:

- Make 37% more sales¹
- Improve performance-related business outcomes by 240%²
- Take 46% fewer sick days²
- Stay at their jobs five times longer than disengaged employees¹
- Save their employers more than \$7,000 in health-related costs²

According to a 2012 Gallup workplace study, increasing workplace engagement led to 21% higher productivity and 22% higher profitability.3

In a study sponsored by Global Corporate Challenge, walking 10,000 steps or more per day improved productivity by 41%.4

And according to another recent study, walking for 30 minutes at your lunch hour three times a week was shown to improve mood, enthusiasm and coping skills - which have been proven to boost productivity.5



APPEAL TO YOUNG TALENT

According to the National Association of Realtors and Portland State University:6

- Only 71% of Millennials like driving (the lowest percentage of any generation), while 83% of them like walking.
- Millennials are more likely than any other generation to put a high priority on convenient alternatives to driving.
- Millennials place more importance on being within an easy walk of amenities and having public transit nearby than do other generations.

NEW ENERGY. TIMELESS APPEAL. GALLERIA OFFICE TOWERS.

CELESTE FOWDEN

SHANNON BROWN

KENZIE KILLGORE

ONE GALLERIA TOWER

TWO GALLERIA TOWER THREE GALLERIA TOWER





¹ Rex Miller, Mabel Casey and Mark Konchar, 2014

² Gallup, Inc., 2013 ³ Gallup, Inc., 2012

⁴ Foundation for Chronic Disease Prevention, 2011

Scandinavian Journal of Medicine and Science in Sports, 2015
National Association of Realtors and Portland State University, 2015